

Russell County School Nutrition
Wellness Report Card 2017-2018

Russell County School Nutrition program is responsible for providing nutritious meals and snacks for students through the National School Lunch Program. This program utilizes the USDA MyPlate to educate students on healthy eating choices. Daily menu items are displayed on MyPlate signage that creates a balance meal, offering age appropriate calorie intake with zero gram trans-fat and <10% saturated fats.

Items include:

- Variety of fruits/vegetables
- Whole Grain rich items
- Proteins
- Fat Free Flavored Milks
- 1% White Milk

School nutrition programs that receive federal funding for meal reimbursement are required to follow nutrition standards set forth by USDA. Regulations also require each student to take a fruit and or vegetable at both breakfast and lunch along with at least 3 other components to qualify for reimbursement. For a detailed description of all federal requirements go to:

<http://www.fns.usda.gov/school-meals/nutrition-standards-school-meals>

Lists of nutritional information for beverage and food items are available through Gordan Food Service Website www.gfs.com or upon request at 270-866-6300

Russell County School Nutrition participates in the Community Eligibility Provision (CEP) program that affords all students breakfast, lunch & 3rd meal (CACFP) at NO COST regardless of income. This program is based on the percentage of students who receive state assistance, identified as foster, migrant, homeless or runaway.



Russell County School Menus



HEALTHY
& Compliant by



♥ KY Dept of School Nutrition
♥ InTeam

| Total Student Enrollment 2017-2018 | | 3114 |
|---|--|-----------------------|
| • Percent of Students who qualify for Free/Reduced (Based on Oct 1 Qualifying Data) | | 97.16% |
| • Number of Feeding Sites | | 5 |
| • Number of Days Meals Prepared | | 160 |
| • Breakfast Meals Served (Average Daily Participation 68%) | | \$319,485.00 |
| • Lunch Meals Served (Average Daily Participation 85%) | | \$413,937.00 |
| • CACFP 3 rd Meals Served (Average Daily Participation 11%) | | \$28,424.00 |
| TOTAL Meals Served 2017-2018 | | \$761,846.00 |
| • Beginning Balance | | \$917,632.90 |
| • Federal Reimbursements NSLP (Breakfast / Lunch) | | \$2,035,828.34 |
| • Federal Reimbursement CACFP (3 rd Meal) | | \$110,173.58 |
| • Misc. Revenue (a la carte-catering-interest-state match, commodities) | | \$476,574.43 |
| Total Revenue 2017-2018 | | \$3,540,209.25 |
| Total Expenses 2017-2018 | | \$3,052,936.49 |
| NET 2017-2018 | | \$487,272.76 |

2017/2018 District Health Assessment Data provided by:
Alliance for a Healthier Generation
Results located at Russell.kyschools.us